

Internal Medicine Residency Spokane Program

Medical Knowledge Readings Intern/Senior – General Medicine A - SHMC

Medical Knowledge:

The intern and senior resident are expected to learn the general approach to the evaluation and treatment of patients within the context of multiple diseases. During the four months of house staff, interns and residents are expected to establish a solid foundation for understanding common “bread and butter” of medicine (also deemed the Spokane 12). This document is to serve as an aid to your readings to provide recommended literature that should cover the scope as well as an appropriate depth to your knowledge. It is not mandatory reading, but encouraged and can be used for morning teaching during am rounds.

The topics will be re-evaluated throughout the year during resident only meetings and we appreciate suggestions of relevant topics/documents or irrelevant documents that may have an alternative superior option.

To open hyperlink: “Ctrl” + left click

Rotation 1:

	Intern	Senior
Atrial Fibrillation:	- AHA/ACA – Executive Summary	- AFFIRM – Rate vs Rhythm - BRIDGE – Operative mgmt - Interventional Mgmt of Afib - Supplemental: AHA/ACA Guidelines FULL
Pneumonia:	- IDSA – CAP Guidelines (expected to read executive summary) - Cavitary Lung Disease – CMR 2008	- PSI Score – NEJM 1997 - CURB-65 – BMJ 2002 - VAP diagnosis & mgmt – ATS 2005 - Steroids for CAP – Review – Annals 2015

Rotation 2:

	Intern	Senior
COPD	- GOLD Criteria	- Cochrane – ABX with COPD - CHEST – PE in COPD - TORCH – LABA/ICS in COPD - UPLIFT – LAMA in COPD
AKI	- Lancet 2012 - AKI	- Contrast Induced Nephropathy - AAFP - Drug Induced Nephrotoxicity - JAMA - Glomerulonephritis

Rotation 3:

	Intern	Senior
Diabetes – Inpatient/Ulcer	- Diabetic Foot Exam - Diabetic Foot Infection – IDSA 2012	- Diagnosis of Osteomyelitis – IDSA 2008 - DM I/x – FULL IDSA - 2012
NSTEMI/STEMI	- AHA Guidelines NSTEMI – 2014	- UA/NSTEMI – Mgmt Review – 2010 - PLATO Trial– Ticagrelor vs clopidogrel –

		2009 - Invasive Mgmt NSTEMI Review – JAMA 2005
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Rotation 4:

	Intern	Senior
Heart Failure	- CHF Guidelines AHA - 2013 - Systolic CHF Review – NEJM 2010 - CHF with pEF – Review – Mayo Clinic 2011	- ACE Inhibitors: SOLVD (1991) & CONSENSUS (1987) & ELITE2 (2000) & ARB (SAVE 1992) - Isosorbide + Nitrate – VACS (1986) - Beta Blockers: MERIT HF (1999) ; COPERNICUS (2002) ; CIBIS II (1999) ; COMET (why no to tartrate – 2003) - Defibrillator – MERIT II (2002) - Spironolactone – RALES (1999) & TOPCAT (2014) - Digoxin – DIG Trial Review 2014
Cirrhosis:	- Cirrhosis and complications – Ch159. - AASLD acute hepatitis - ALF review - NEJM 2013	- Alcoholic Hepatitis – NEJM 2009 - Renal Failure in Cirrhosis – NEJM 2009 - Coagulopathy in Liver Disease – NEJM 2011 - Prednisilone for EtOH hepatitis - NEJM - Rifaximin for HE - AJG - 2013 - NAFLD - JAMA 2015